



MÁRIO MENDANHA

PHOTO GUIDELINES

Avoid selfies as this may cause distortion.

Avoid background noise; prefer plain backgrounds (a wall, for example).

Lighting should be even and without strong shadows. Prefer natural light, if possible.

Image should be sharp and in-focus, showing close-up views.

In the case of facial photos, expression should be natural and relaxed, without smiling.

Please send:

Photo 1: straight-on front view.

Photos 2 and 3: lateral profile-view, right and left.